

Personal, Social, Health & Economic Education (PSHE) Long Term Plan (Class 1)

EYFS	Cycle A			Cycle B		
	Autumn	Spring	Summer	Autumn	Spring	Summer
	Understanding the World:	Understanding the World:	Understanding the World	Understanding the World	Understanding the World	Understanding the World

Personal, Social, Health & Economic Education (PSHE) Long Term Plan (Class 1: Year 1/2)

Key Stage 1: Cycle A		
Autumn	Spring	Summer
<p>Relationships</p> <p>Safety: Classroom Risk Assessment</p> <p>VIPs (Very Important People)</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> About very Important Persons (VIPs) in children’s lives and the ways they can develop positive relationships with them; to identify who the special people in their life are and what makes someone special; to explore why families and friendships are important and understand that although these units are different for everyone, there are things they can do to resolve differences and build healthy and positive relationships within them; the importance of cooperation and how to show the special people in their lives that they care, as well as the positive impact of doing this. Key Vocabulary: achieve, caring, choices, conflict, cooperate, cooperation, disagreement, family, friend, friendship, group, happy, healthy, help, important, kind, listen, love, making up, need, positive, safe, share, skills, solve, sort, special, support, talk, team, thoughtful, time, trust, trusted adult <p>Be Yourself</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> confidence to ‘be yourself’ can have a positive impact on mental health and emotional wellbeing; recognise their positive qualities and appreciate their individuality; recognise different emotions and explore different strategies to help manage uncomfortable feelings they experience; how big life changes impact on feelings and emotions and explore importance of sharing thoughts and feelings. Key Vocabulary: angry, body language, calm, change, confidence, content, cross, disagree, wellbeing, emotions, enjoy, excited, facial expressions, feelings, happiness, happy, help, interests, kind, like, loss, memories, mental health, nervous, opinions, qualities, sad, safe, secure, share, skills, speak, talents, talk, thoughts, uncomfortable, unhappy, worried 	<p>Health & Wellbeing; Living in the Wider World</p> <p>It’s My Body</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> about choices that children can make about looking after their bodies; about key areas where children can make safer choices: their body, sleep and exercise, diet, cleanliness and substances; facts about each of these areas and learn strategies to manage them; the message of choice and consent - children are encouraged to get help from trusted adults when necessary. Key Vocabulary: bacteria, body, brain, brushing, chemicals, chemist, choice, clean, colds, consent, contact, coughs, danger, dentist, diarrhoea, diet, disease, doctor, emergency, exercise, germs, healthy, heart, help, illness, medicine, mind, muscles, permission, pharmacist, poisonous, protect, rest, rules, safe, secret, serious, sleep, spread, strength, sugar, surprise, touch, treat, uncomfortable, unhealthy, unsafe, virus, warning, wash <p>One World</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> that we can benefit from learning about people living in different places to us and their ways of life; to explore their own family life, home and school and compare these to children’s family life, homes and school from around the world which are different from their own; about the relationship between people and their environment and how this affects their way of life; about how people use the earth’s resources and the importance of protecting the earth for ourselves and future generations and how we can work together to do this Key Vocabulary: affect, care, choice, difference, earth, environment, environmental, family life, happy, harm, help, home, important, learn, love, natural, needs, people, planet, problem, protect, resources, right, safe, same, school, similarity, special people, trust, world 	<p>Living in the Wider World; Health & Wellbeing</p> <p>Money Matters</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> to think about where money comes from and how it can be used; about the idea of spending and saving their money; to understand why it is important to keep belongings, including money, safe; about the different things on offer when they go shopping and how we need to identify the difference between the things we want and the things we need. Key Vocabulary: bank, bank account, buy, choice, coins, community, contactless, credit card, electronic, goods, important, job, track, list, money, need, notes, offer, online banking, online transfer, payment, piggy bank, possessions, price, purse, receipt, record, role, safe, salary, save, shopping, spend, value, wages, wallet, want, work <p>Growing Up</p> <p>KS1 pupils will learn:</p> <ul style="list-style-type: none"> an introduction to how we grow and change, both physically and emotionally; about their own and others’ bodies, gender stereotypes and different types of families; about respecting their own and others’ bodies, keeping their bodies safe and sharing their feelings in response to life experiences. Key Vocabulary: adulthood, advice, carers, caring, change, childhood, comfortable, consent, coping, curious, develop, differences, difficult, emotions, female, grandparents, independence, love, male, needs, opportunities, parents, private parts, respect, responsibility, rules, safe, siblings, similarities, stereotype, touch, traditions, trusted adult, uncomfortable, unique, worried
<p>Enrichment: Anti Bullying Week & Odd Socks Day; Children in Need; Enterprise Week</p>	<p>Enrichment: Safer Internet Week; Fair Trade Fortnight; Red Nose Day</p>	<p>Enrichment: nurse visit, visits/visitors, Diversity Week, Mental Health Awareness Week</p>

Key Stage 1: Cycle B		
Autumn	Spring	Summer
Living in the Wider World Health & Wellbeing	Relationships	Health & Wellbeing Living in the Wider World
Aiming High KS1 pupils will: <ul style="list-style-type: none"> learn about having high aspirations; learn how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes; share aspirations for the future, with regard to employment and personal goals; learn about different jobs and roles; explore some of the difficulties faced by stereotyping will be explored; have the opportunity to discuss what they are looking forward to about learning. Key Vocabulary: achievement, aims, ambition, attitude, change, communication, creative, determined, future, goal, grow, happiness, hard-working, help, improve, job, learn, positive, progress, qualification, routine, skill, star qualities, strength, success, training Safety First KS1 pupils will: <ul style="list-style-type: none"> learn about everyday dangers, in the home and outside, and how they can keep themselves safe; learn rules to keep themselves safe around strangers, both in real life and online; be taught about The Underwear Rule, which includes information about appropriate and inappropriate touching and knowing that what is inside their underwear is private; learn about people who help them and how to get help when needed, as well as their growing responsibility for their own safety. Key Vocabulary: 999, burn, chemicals, choke, danger, e-Safety, emergency, emergency services, fall, fire, harm, hazard, help, hurt, Internet, liquids, medicines, online, poisonous, protect, rail, risk, road, rules, safe, sharp, stranger, safer stranger, tablets, traffic, trip, trusted adult, uniform, unsafe, water 	Digital Wellbeing KS1 pupils will: <ul style="list-style-type: none"> be encouraged to consider how we can use the Internet in a safe and responsible way; discuss how the Internet can be useful in our everyday lives and how we can balance time online with doing other activities to keep our mind and body healthy; consider what risks there are online and how we can make sure we stay safe, including how important it is to not share any personal information over the Internet; explore the importance of communicating online in a way that shows kindness and respect and discuss whether or not we can believe everything we see on the Internet. Key Vocabulary: access, activity, address, apps, comfortable, communicate, connected, device, download, electronic, emoji, fact, fake, healthy, helpful, hobbies, information, interests, Internet, lie, mental wellbeing, message, messaging, network, news, offline, online, password, personal information, picture message, pretend, private, screen time, sleep, social media, surname, text message, true, trusted adult, uncomfortable, video call TEAM KS1 pupils will: <ul style="list-style-type: none"> be inspired by the idea that if a team works well together, it can have a positive impact on all of its members and what they can achieve; be enabled to develop successful collaborative working skills, such as good listening; learn about the importance of being kind to others; learn about the effects of bullying and teasing what to do about it if they see it happening to others or if it happens to them; think about effective learning skills and how to identify good and not-so good choices. Key Vocabulary: active listening, behaviour, bullying, care, choices, community, compliment, discussion, fair, family, friends, group, helpful, joking, kind, learner, mind-set, needed, negative, polite, positive, safe, secure, special, support, team, teasing, thoughtful, unkind 	Think Positive KS1 pupils will: <ul style="list-style-type: none"> be helped to recognise, talk about and accept their feelings, both positive and negative, as well as how to manage certain emotions; explore thinking positively and calmly, making good decisions and developing resilience; explore the positive feelings associated with being thankful, grateful and mindful. Key Vocabulary: achievement, angry, bored, calm, choice, complain, concentrate, confused, decision, difficult, dislike, embarrassed, emotions, fears, fed up, feelings, focus, frightened, frustrated, future, goal, gratitude, happy, healthy, helpful, like, lonely, mind, mindful, negative, nervous, new, past, perseverance, positive, prefer, relaxed, resilience, respond, rest, sad, safe, shocked, thankful, thinking, thoughts, unhelpful, upset, worries Diverse Britain KS1 pupils will: <ul style="list-style-type: none"> explore the idea that individuals can have a positive impact on groups and communities to which they belong; be enabled to identify that they belong to various groups and communities and ways in which they contribute positively to these; learn about community, being good neighbours and looking after the environment; learn about Britain, what it means to be British, about diversity and the importance of celebrating and being respectful of our differences. Key Vocabulary: accepting, beliefs, belong, Britain, British, British Isles, celebrations, choice, coast, community, countryside, difference, dress, environment, happy, harm, helpful, island, kindness, lakes, listen, live, local area, mountain, natural, neighbour, neighbourhood, proud, respect, responsibility, right, river, safe, same, share, similarity, town, United Kingdom
Enrichment: Anti Bullying Week & Odd Socks Day; Children in Need; Enterprise Week	Enrichment: Safer Internet Week; Fair Trade Fortnight; Red Nose Day	Enrichment: visits/visitors, Diversity Week, Mental Health Awareness Week

Personal, Social, Health & Economic Education (PSHE) Long Term Plan (Class 2: KS2)

Key Stage 2: Cycle A & C		
Autumn	Spring	Summer
Living in the Wider World; Health and Wellbeing	Living in the Wider World; Health and Wellbeing	Relationships
<p>Money Matters</p> <p>LKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • where money comes from; • why people work; • ways people can spend, e.g. cash, debit cards, credit cards; • making choices about, prioritising and keeping track of spending, saving and borrowing; • financial decisions, emotional wellbeing, ethical spending & environmental impact. <p>Key Vocabulary: advertisement, advertising, balance, benefits, borrow, budget, cash, change, consumer, credit, debit, debt, employment, environment, ethical, financial gain, gambling, gift, impact, influence, interest, loan, owe, payment, priority, profit, repay, repayments, savings, spending, tax, unmanageable</p> <p>UKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • financial risk; • how advertisers try to influence consumers; • ‘critical consumers’ and ‘value for money’; • how money can affect emotions; • tax and its contribution to society; • budgeting – how to make one and why; • environmental impact of spending (Fair Trade, single use plastics, recycling etc.). <p>Key Vocabulary: advertise, amount, availability, bankrupt, bankruptcy, charity, consequences, cost, council tax, critical consumer, ethical spending, fair trade, future, gain, gamble, income, income tax, inflation, investment, labour, lend, luxury, manufacturer, minimum wage, necessity, outgoings, payment, plastic pollution, prioritise, producer, retail, retailer, risk, scam, single-use, society, value</p> <p>Think Positive</p> <p>LKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • the importance of looking after mental health; • recognising and describing a range of positive and negative emotions; • discussing changes in life and how it might make them feel; • talking about things that make them happy and stay calm; 	<p>One World</p> <p>LKS2 will learn about:</p> <ul style="list-style-type: none"> • similarities and differences in people’s lives and why they arise; • differences of opinion; • how our actions have an impact on people in different countries; • climate change and its effects; • know there are organisations working to help people in challenging situations; • ways we can tackle inequality and • actions that can be taken to make things fairer and reduce the impact of climate change. <p>Key Vocabulary: actions, challenge, charity, citizen, climate change, communities, compassion, consequence, consider, decision, difference, dilemma, discuss, diverse, diversity, effects, empathy, fair, Fairtrade, farmer, gender, global, harmful, helpful, human right, impact, inequality, local, negative, opinion, organisation, positive, reason, reduce, respect, responsibility, rural, share, shared responsibility, stereotype, support, trade, unfair, urban</p> <p>UKS2 will learn about:</p> <ul style="list-style-type: none"> • global citizenship; • global warming and how to reduce it; • responsible use of water and natural resources; • biodiversity – its importance and how to encourage and sustain it; • consequences of choices and • sustainability. <p>Key Vocabulary: appreciate, aware, biodiversity, citizenship, conserve, drought, encourage, energy, future, global citizen, global warming, human right, manifesto, persuade, pledge, prevent, renewable, responsible, responsibly, save, sustainability, sustainable, use, waste, water</p> <p>Safety First</p> <p>LKS2 will learn about:</p> <ul style="list-style-type: none"> • school rules for staying safe and healthy; • dangers on roads, water and railways, and precautions; • drugs, cigarettes and alcohol, and their effect on the body; • common injuries – first aid; • 999 and how to stay safe in an emergency situation; • being responsible, danger, risk and pressure; 	<p>VIPs (Very Important People)</p> <p>LKS2 will learn about:</p> <ul style="list-style-type: none"> • how our attitude affects us when we try to make new friends; • the importance of different types of friendships; • bullying, and supporting those who are being bullied; • positive resolution techniques. <p>Key Vocabulary: acquaintances, actions, alternatives, anonymous, anti-bullying, arguments, behaviour, bully, bullying, compromise, consequences, consideration, cyber, dares, decisions, differences, discrimination, disputes, diversity, equality, equity, falling out, honest, impact, interests, kindness, loyal, negotiation, opinions, prejudice, prejudiced, reflect, relatives, resolving, respect, strategies, support, network, teasing, techniques, thought, unhealthy, victim, views, VIPs</p> <p>UKS2 will learn about:</p> <ul style="list-style-type: none"> • ways to care for out VIPs; • different kinds of family structures; • healthy family life; • respectful behaviour; • strategies to resolve disputes and reconcile differences positively and safely; • understanding people have different opinions that should be respected; • peer approval and strategies to manage, including online; • where to get support if worried about someone else’s safety; • recognising healthy and unhealthy relationships and boundaries; • identifying positive influences on behaviour. <p>Key Vocabulary: advice, agree, anxious, blended families, commitment, committed, confidence, confidential, dangerous, family life, family structure, influence, living apart, living together, peer, polite, pressure, relationship, resist, resolution, risky, secrets, security, single parents, stability, uncomfortable, wrong</p> <p>TEAM</p> <p>LKS2 will learn about:</p> <ul style="list-style-type: none"> • changes and how they make us feel; • why we should work as a team; • how behaviour affects a team;

<ul style="list-style-type: none"> • identify uncomfortable emotions and what can cause them; • how positive attitudes are good for mental health; • the causes of negative thoughts and how to cope; • mindfulness techniques and strategies to cope with unhelpful emotions; • puberty and how hormonal changes can cause difficult emotions; • having a positive attitude towards learning. <p>Key Vocabulary: anger, anxious, attitude, aware, brain, brave, breathing, challenge, changes, chemicals, consequences, control, curious, determination, different, distract, dopamine, effort, embarrassment, endorphins, exciting, experience, failure, flexible, grief, guilt, happiness, jealousy, joy, mental health, mindfulness, mistakes, oxytocin, peace, perseverance, practise, prepare, problem, relax, represent, sadness, serotonin, shame, strategies, strengths, success, techniques, uncomfortable, unpleasant, weaknesses, worry</p> <p>UKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • talking about the range and intensity of thoughts, feelings, behaviour; • identifying helpful and unhelpful thoughts and strategies to deal with them; • benefits of thinking positive and the impact of negative thoughts; • choices and uncomfortable emotions; • mindfulness and positive affirmations; • growth mind set and fixed mind set; • good choices leading to happy outcomes; • strategies for coping with unhelpful thoughts and emotions; • strategies for overcoming difficulties and facing challenges. <p>Key Vocabulary: actions, affect, behaviour, blame, cognitive, comfortable, coping, difficulties, impact, independent, influence, learning, link, mind-set, morals, opportunities, progress, pros and cons, reaction, responsible, strategy</p>	<ul style="list-style-type: none"> • how own decisions impact upon their own and the safety of others; • the courage to say 'no'. <p>Key Vocabulary: alcohol, ambulance, casualty, choices, cigarettes, comfortable, cycling, dangerous, dare, depth, drugs, e-cigarettes, electricity, first aid, first-aider, graze, impact, independent, inhaler, injection, injury, instructions, lungs, medicines, paramedic, peer pressure, physical, right, road safety, safety, scald, shock, uncomfortable, vaccine, water safety, wellbeing</p> <p>UKS2 will learn about:</p> <ul style="list-style-type: none"> • school rules for staying safe and healthy; • dangers on roads, water and railways, and precautions; • fireworks and the firework code; • what a 'dare' is and situations involving 'peer pressure'; • seeking help in risky situations; • emergency numbers and how to stay safe in an emergency situation; • hazards at home, including substances; • responsibility, danger, risk and pressure <p>Key Vocabulary: accident, action, advice, brave, consequence, decision, environment, independence, informed, liquids, mature, media, medication, pills, responsible, sensible, situation, social media, support, unfamiliar</p>	<ul style="list-style-type: none"> • paying attention and responding considerately; • disputes and strategies to resolve them. <p>Key Vocabulary: achieve, actions, attitude, behaviours, benefit, body language, change, collaboratively, communication, compromise, conflict, consequences, considerate, dispute, effect, emotion, facial expression, feelings, goals, impact, individuals, interpret, listening, negotiation, reflect, resolution, resolve, responding, responsibility, teammates, teamwork, transition, unhelpful</p> <p>UKS2 will learn about:</p> <ul style="list-style-type: none"> • the attributes of a good team; • accepting different opinions, politely disagreeing and offering own opinions; • compromise and collaboration to ensure a task is completed; • reflecting upon the need to care for individuals within the team; • identifying hurtful behaviour and suggesting ways to help; • understanding the importance of shared responsibility in helping the team to function successfully. <p>Key Vocabulary: admire, attributes, collaborate, collaboration, communicate, contribute, decisions, disagree, discrimination, effective, emotional, excluding, harassment, health, honesty, hurtful, kindness, opinion, outcome, patience, respectful, sensitive, skills, social media, success, successful, thoughts, trolling, uncomfortable, understanding, upsetting, valued</p>
<p>Enrichment: Anti Bullying Week & Odd Socks Day; Children in Need; Enterprise Week</p>	<p>Enrichment: Safer Internet Week; Fair Trade Fortnight; Red Nose Day; First Aid workshop; E-Safety workshop</p>	<p>Enrichment: visits/visitors, Diversity Week, Mental Health Awareness Week</p>

Key Stage 2: Cycle B & D		
Autumn	Spring	Summer
Relationships; Living in the Wider World	Relationships; Living in the Wider World	Health and Wellbeing
<p>Be Yourself</p> <p>LKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • having the confidence to be yourself; • identifying their strengths and achievements; • recognising different emotions they experience; • how to express their thoughts and feelings respectfully; • how to be assertive when in uncomfortable situations; • the influence of the media in how we view ourselves & analyse the reality of these messages; • how to make things right when we make mistakes, both in person or online, and the importance of learning from these. <p>Key Vocabulary: achievements, actions, advertisements, assertive, comfortable, confident, consequences, dares, effects, emotional, forceful, gloating, hide, impact, influence, manipulated, mind, mistake, positive, pressure, pride, pushy, resist, resolution, resolve, right, rude, scared, sorry, strategies, strengths, support</p> <p>UKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • the idea that we are all individuals and that it is important to 'be yourself'; • developing a positive view of themselves; • the importance of being proud of their individuality; <p>the importance of recognising situations where they need to make positive choices in order to do the right thing;</p> <ul style="list-style-type: none"> • how to avoid being led into tricky situations; • how to recognise and respond to peer pressure; • how to be confident and how to manage uncomfortable feelings; • how to make things right when they make a mistake. <p>Key Vocabulary: acceptance, alternatives, amends, anxious, apologise, bereavement, caring, celebrate, choices, communication, conflict, danger, dangerous, death, difficulties, express, face-to-face relationships, failure, feelings, generosity, grief, guilt, individual, individuality, intensity, kindness, loyalty, manage, negative, online friendships, options, peer approval, peer influence, peer pressure, perceived failure, problems, relationships, respect, setbacks, sharing, shy, trust, truthfulness, unhealthy, unhelpful thoughts, unique, uniqueness, wrong</p> <p>Diverse Britain</p> <p>LKS2 pupils will learn:</p>	<p>Digital Wellbeing</p> <p>LKS2 pupils will learn:</p> <ul style="list-style-type: none"> • it is important to understand and have digital wellbeing; • what we use the Internet for and the benefits and risks of online activities; • screen time and getting a healthy balance between online and offline activities; • about online relationships, including cyberbullying and online stranger danger; • privacy issues will be explored in terms of passwords, personal information and the sharing or forwarding of images and videos; • about pressures and challenges that are often associated with social media. <p>Key Vocabulary: balance, behaviour, bullying, communicating online, concerns, connected devices, consequences, cyberbullying, discrimination, disrespect, face-to-face, forward, harassment, harmful content, images, impact, information sharing, manipulated, misinformation, name-calling, permission, positive, privacy, ranking, relationships, reliability, report, respect, restrictions, risks, rules, safety, search results, share, shared information, social media, support, targeted information, teasing, text, trolling, videos</p> <p>UKS2 pupils will learn:</p> <ul style="list-style-type: none"> • it is important to understand and have digital wellbeing; • ways they can use the Internet positively and how they can look after their wellbeing while being online; • about potential risks of being online and when using digital technologies; • strategies to stay safe and to get help; • about online relationships and what a respectful and healthy online relationship looks like; • signs of an inappropriate online relationship and ways to get help; • the benefits and risk of social media, as well as how social media can be used responsibly; • how to recognise what online bullying looks like and how to help make it stop • the concept of 'fake news' will be explored with children learning how to be able to tell if something online is reliable or not and what they can do to stop the spreading of unreliable information. <p>Key Vocabulary: appropriate, assess, benefit, boundaries, choices, consent, contact, content, control, data, deceive, digital, digital citizenship, digital footprint, digital health, digital wellbeing, echo chambers, emotional wellbeing, evaluate, excluding, false profiles, feelings, friendship, frightened, harassment, harmful, healthy, help, hurtful behaviour, image distribution, impersonate, inappropriate, intention, Internet cookies, kindness, manipulation, mental health, misleading, negative, online games, online identity, online safety, online strangers, personal safety, pressure, privacy settings, regulations, reliable, reputable, respectful, right,</p>	<p>It's My Body</p> <p>LKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • choices they can make about looking after their bodies; • making safer choices about their bodies, sleep and exercise, diet, cleanliness and substances: facts about each of these areas and strategies on how to manage them; • choice and consent. <p>Key Vocabulary: addiction, alcohol, allergies, balanced, bedtime, caffeine, Childline, cigarettes, consent, consequence, contagious, decision, dietary, drugs, e-cigarettes, habit, harmful, health, heart rate, hormones, hydrated, hygiene, illegal, immunisation, independence, infection, legal, nicotine, prescription, relax, resilience, restricted, routine, sleep hygiene, tobacco, vaccinations, vaping, vitamins</p> <p>UKS2 pupils will learn about:</p> <ul style="list-style-type: none"> • how to take care of their bodies; • consent and autonomy; • body image and stereotypes; • substances which are harmful to our bodies; • the importance of sleep, exercise and hygiene; • things that influence the way people think about their bodies, where different pressures can come from and how these pressures can be resisted; • choices they have, healthy habits and how to seek support should they need to. <p>Key Vocabulary: addictive, advertising, age restrictions, appearance, appropriate, autonomy, balanced lifestyle, beauty, boundaries, care, cleanliness, contact, control, damage, dangerous, dental, deprivation, effects, emotional, healthy eating, impact, influence, looks, media, meditation, mental, mindfulness, negative, nicotine, oral, perfect, physical, platform, positive, pressure, protect, respect, responsibility, rest, rights, self-confidence, stereotype, substances, sun exposure, support, tell, unwanted, vape pens, vapes, wellbeing</p> <p>Growing Up</p> <p>LKS2 pupils will learn:</p> <ul style="list-style-type: none"> • how we grow and change, both physically and emotionally; • how male and female bodies play a part in human reproduction; • about different relationships and family structures.

<ul style="list-style-type: none"> • that we live in a diverse, multicultural and democratic society and that this is important and brings many benefits; • they should be respectful of difference; • about British people, rules, the law, liberty and what living in a democracy means; • the importance of being tolerant of differences within their society. <p>Key Vocabulary: care, celebrate, challenge, citizen, common rights, concern, county, culture, customs, debate, democracy, discrimination, discuss, diverse, diversity, equality, ethnic, freedom, government, human rights, identity, liberty, multicultural, national, polite, prejudice, protect, region, regional, religious, rights-respecting, society, stereotype, tolerance, tradition, values</p> <p>UKS2 pupils will learn:</p> <ul style="list-style-type: none"> • that Britain represents a wide range of faiths and ethnicities and that the structures within it are there to support all; • how they can make a positive contribution to the community; • about the law and the consequences of not respecting it; • about the workings of local and national government and the role of charities and voluntary groups in British society. <p>Key Vocabulary: active citizenship, charity, community spirit, compassion, consequence, contribute, enforce, equal, ethnicity, faith, impact, laws, local government, members of parliament, national government, needs, negative, parliament, police, politicians, positive, prime minister, responsibilities, roles, shared responsibility, similar, support, voluntary</p>	<p>secure sites, selection, shared responsibility, sharing, sources, storage, targeting, time management, trust, wellbeing, worry</p> <p>Aiming High</p> <p>LKS2 pupils will learn:</p> <ul style="list-style-type: none"> • to focus on goals and aspirations; • about the type of attitude that helps them to succeed; • about ways of applying a growth mind-set to new challenges; • about the importance of resilience; • to share aspirations for their future employment and personal goals; • to consider different jobs and careers; • about some of the difficulties faced by stereotyping; • to think about specific skills they might wish to develop in order to achieve their short, mid and long-term goals. <p>Key Vocabulary: accomplish, action, attribute, background, behaviour, challenge, curriculum vitae/CV, determination, develop, effort, employer, equal, experience, fair, gender, growth mind-set, information, learning, obstacles, opportunities, race, resilience, responsibilities, role, setbacks, stereotype, strive, target</p> <p>UKS2 pupils will learn:</p> <ul style="list-style-type: none"> • to focus on achievements, aspirations and opportunities; • about the type of attitude that helps us succeed; • about their own personal preferred learning styles, to understand how they learn best; • about challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles; • to identify opportunities that are available to them now and those which may be available to them in the future; • about stereotypes in the world of work, as children are encouraged to consider jobs they would like to do and the skills needed to do those jobs; • to reflect on their personal goals and the steps they can take to achieve these in the future. <p>Key Vocabulary: advertisement, apprenticeship, avoidance, barriers, behaviours, benefit, business, careers, collaborate, college, creativity, criteria, decisions, discrimination, employee, enterprise, failure, fear, feedback, focus, further education, helpful, ideas, individual, innovation, interests, law, listening, mistakes, panic, perseverance, prejudice, privilege, problem-solving, responsible, rights, self-worth, social class, stress, teamwork, unhelpful, university</p>	<p>Key Vocabulary: adopted, Adam’s apple, anger, anxious, attracted, baby, biological sex, blended family, breasts, commitment, civil partnership, confusion, crush, egg, embryo, feelings, foetus, fostered, gay, gender, hormones, identity, lesbian, lonely, married, menstruation, oestrogen, offspring, orphaned, ovaries, penis, period, puberty, relatives, reproduction, sex hormones, same-sex, single-parent, tearful, testes, testosterone, umbilical cord, uterus, womb</p> <p>UKS2 pupils will learn:</p> <ul style="list-style-type: none"> • about puberty and sexual relationships (school nurse visit); • about positive body images and stereotypes <p>Key Vocabulary: acne, birth, bisexual, body image, body odour, choice, conceive, conception, condom, consent, contraception, contraceptive pill, fertilise, heterosexual, homosexual, intercourse, media, mood swings, negative, positive, self-esteem, sexual intercourse, sexual orientation, sexually transmitted infection (STI)</p>
<p>Enrichment: Anti Bullying Week & Odd Socks Day; Children in Need; Enterprise Week</p>	<p>Enrichment: Primary Futures, E-Safety Workshop, Safer Internet Week; Fair Trade Fortnight; Red Nose Day; First Aid workshop.</p>	<p>Enrichment: visits/visitors, Diversity Week, Mental Health Awareness Week, Residential Visit</p>

